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### Reflection on Critical Research Analysis

In the final essay of the semester, it required the use of Freudian concepts to support my argument of the writer's critique of society within the short story "Eight Bites." By analyzing the writer, Carmen Maria Machado's negative critique on society, I supported my argument using Freudian concepts such as the id, ego, and super-ego and also tied them into my argument outside of scholarly journals. The outside sources were used to further develop the thesis and other details. The genre of my critical research analysis essay is informative, analytical, and critical as this essay dealt with having to explain topics thoroughly and be precise in my claims.

The reason for choosing to write about "Eight Bites" is because it deals with real-life issues that many people face, such as struggling with their self-image. It is a topic that was not really explored in class and it was different from the rest of the stories we had to choose from. By writing this essay, it made me research and read closely on subjects that deal with eating disorders and body dysmorphia. This essay also included analyzing the actions of the narrator through a Freudian lens to support the critique of society.

By writing about society's toxic beauty standards and including eating disorders and body dysmorphia, it helps accomplish bringing awareness towards these issues. The essay portrays just how negative these things can be and how they affect people not just physically but mentally as

well. By shedding light on these issues it can help readers be more understanding and polite to the people around them as you never know how your words will affect someone. The audience of this essay will include professors, peers, and people who are interested in reading on subjects that deal with societal problems. The relationship between me, the writer, and my audience, and the message I am trying to spread is that in the end they will understand the complications one goes through when trying to conform to the toxic beauty standards and how Freudian concepts can be used to understand the actions of the narrator in the story "Eight Bites."